



Virginia Defense Force Commanding General's Training Guide 2008/2009

1. Leadership

Objective: Continue transformation to a joint force partner with the Virginia National Guard and civil authorities of the Commonwealth. Provide training in preparation for this mission, including:

- Annual sexual harassment awareness training
- Physical security training
- Individual safety training (before spring FTX)
- Heat and cold injury training (before spring FTX)
- Safety briefings before each mission
- Maximum attendance for all basic and advanced training required for grades O1/E6 and above
- [National Incident Management System \(NIMS\)](#) Incident Command System (ICS) courses 100, 200, 700 and 800 (ISC 100 and 200 required for all personnel; ISC 700 and 800 required for all O1/W1/E6 grades and above)
- Staff-level advanced training for grades O4/O5 with priority given to brigades and battalions
- Innovative training initiatives, such as the Leadership Reaction Course (LRC) and Rappelling Tower at Ft. Pickett

2. Communications

Objective: Provide interoperable, NIMS-compliant communications support to Virginia National Guard task forces and civil authorities of the Commonwealth.

- Create three teams capable of independently deploying and operating the Mobile command Posts (MCPs)
- Provide radio-telephone Operator (RTO) training for "on-call" detachment size units for each brigade

3. Security

Objective: Provide less-than-lethal NIMS security support to Virginia National Guard task forces and civil authorities of the Commonwealth. Ensure that all personnel assigned to security billets are equipped, trained, and mission-ready.

4. Medical

Objective: Provide NIMS-compliant emergency triage and medical treatment services in support of Virginia National Guard task forces and civil authorities of the Commonwealth. Division Headquarters and each brigade will have company-sized units trained and mission-ready.

5. Maritime Operations

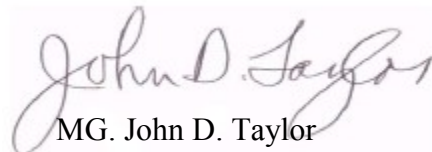
Objective: Provide NIMS-compliant support to Virginia National Guard task forces and civil authorities of the Commonwealth conducting inland-river maritime operations. Division Headquarters and each brigade will have company-sized units trained and mission-ready.

6. Terrorism

Objective: Provide NIMS-compliant support to Virginia National Guard's CBRNE (Chemical, Biological, Radiological, Nuclear, Explosives) Enhanced Response Force Package ([CERFP](#)) for terrorist incidents involving weapons of mass destruction. Division Headquarters will identify and task three teams, based on geographical areas of operation, for round-the-clock support of the CERFP teams as required.

Mandatory Medical Screening

All personnel shall be medically screened for duty 30-60 days before exercises, following guidelines used by the Blackhorse Brigade for the annual Apple Blossom Festival. Each individual shall carry a medical status card with pertinent medical information, including current medications, existing medical conditions, and duty position limitations.



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Commander
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